10 TIPS FOR PEOPLE WHO MAY NEED ASSISTANCE









that can help during an emergency.
Create directions for any equipment that you may need. Keep directions with the specific equipment.
Develop and practice a disaster plan with your network yearly.
Create a disaster supplies kit that will meet your unique needs.
Plan for the safe sheltering of your non-service animal pets.
Find alternate sites for regular medical treatments, in case your normal site is not available.
Know how you will replace any devices that assist you in your daily routines, in case they become damaged or lost.
Consider setting up electronic payments of any benefits you receive.
☐ Identify items that can protect you in a disaster and others that can block evacuation. Make changes to ensure your safety before a disaster occurs.
☐ Test and make sure all alarms and communication devices meet your needs.
EMERGENCY SUPPORT NETWORK NUMBERS Contact Name Contact Number

Turn over for Accessible Support Tips! Learn more at ReadySanDiego.org





